

February 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Salsbury Steak Mashed Potato /Gravy Carrots Roll Apricots	2 Chicken Fajita Pinto Beans Sapanish Rice Fruit	3 Stuffed Bell Peppers Carrots Roll Fruit	4 Turkey and Cheese Sandwich Lettuce/Tomato Baked Chips Fresh Fruit	5 Fish & Chips Corn on the Cob French Fries Hush Puppies Pudding
8 Orange Chicken Rice Noodles Carrots Pineapple	9 Hot Roast Beef Sandwich Mashed Potatoes/Gravy Broccoli Roll Jello	10 Tuna Noodle Casserole Carrots Roll Fruit	11 Beans and Chile Spinach Tortila Fruit	12 Ham Scalloped Potatoes Chuckwagon Corn Pineapple
15 Beef Pot Pie Cauliflower Fruit	16 Spinach Chicken Alfredo Italian Vegetables Garlic Bread Peaches	17 Chile Rellenos Beans Tortilla Lettuce/Tomato/Onion Jello	18 Pork Ribs Coleslaw Pork and Beans Cake	19 Sloppy Joe Mixed Vegtables Apple Slices
22 Chicken Strips Mashed Potatoes Gravy Carrots Mixed Fruit	23 Lentil Stew Green Beans Crackers Cookie	24 Baked Spicy Fish Wild Rice Cauliflower Pinapple	25 Bean & Cheese Burrito W Green Chile Spinach Tropical Fruit	26 Beef Stroganoff w/ Egg Noodle Peas & Carrots Pears
		NOTES: Please note Menu is Subject to Change		

Taos County Senior
Program

PHONE: 575-758-4091
 FAX: 575-758-9364
 Amalia 575-586-0071
 Chamisal 575-587-
 2778
 Questa 575-586-0508